

## TRIP DU RIFI DANS LE RIF



### PROGRAM

**Day 1 :** Arrival at Tangiers airport, transfer to the village of Anza, lunch stop along the way before continuing in 4WD to the day's starting point for a downhill single track trial run on our mountain bikes, finishing in the village of Oued Laou for an overnight stay at LA PLANQUE residential hotel. Dinner organized by our hosts.

**Day 2 :** 1<sup>st</sup> stage. Starting from the coast with an 850m gradient climb to pick up a ridge trail leading onto a great single track, just the way we like them, then some pedal-pushing to get over no less than six hills "mur de Grammont" style to finally arrive in Tetouan. Distance 58kms D +1200m -1500m. Transfer to GITE ABDESLAM hidden away at 1000m altitude where we will spend the night.

**Day 3 :** 2<sup>nd</sup> stage. Today's stage is in the Bouachem forest, well-known for its cork oak trees and its maggots! Picnic on the move. Distance 50kms D+700m -900m. We will spend the night at DAR MOUNIR, a comfortable guesthouse in Chefchaouen.

**Day 4 :** 3<sup>rd</sup> stage. Following advice from local friends, we've planned a mainly single track loop stage today, starting out from Chefchaouen. Distance approx 35kms +600m -900m. Night at DAR MOUNIR and dinner at the village square.



**Day 5** : 4<sup>th</sup> stage. The highlight of the trip riding across the Talasemtane Park. On the programme 60kms of tracks with 2 mountain passes, in other words, a great day mountain biking. 1700m+

Night in comfortable guesthouse at CAIAT

**Day 6** : 5<sup>th</sup> and final mountain biking stage bringing us back to the coast. We'll need to play with the mountainous landscape and its steep gradients to eventually roll down into the seaside village of Targha. Swimming, if weather permits, followed by an aperitif and barbecued sardines...before our transfer to LA PLANQUE hotel at Oued Laou, same as Day 1

**Day 7** : This morning we can enjoy the seaside, before returning to Tangiers(1 ½hr drive) after lunch. We'll spend the last night in a magnificent guesthouse in the Tangiers medina.

**Day 8** : Transfer to airport, end of my services.

**BASIC PRICE** : full board sharing double room for a group of 6 people minimum. From 850 euro/person

**BOOKING VIA FORM ON THE WEB SIDE** : [www.marrakechbikeaction.com](http://www.marrakechbikeaction.com)

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